



Introduction to LTAD and Fundamental Workshop

APPLICATION FORM

Please tick the appropriate box below:

Date	Workshop	Venue	Time	Cost	Tick
10 th February	Introduction to the FUNdamentals of Movement	NSC Sec Sports Hall	7.00 – 10.00pm	* £15.00	
11 th February	Introduction to LTAD	IOM Sports Institute	9.30 – 12.30pm	* £15.00	
				Totals	£

*** £15.00 for coaches affiliated to athletic clubs, £25.00 for coaches not affiliated to an athletic club**

DETAILS:

Applicant Name: _____ **Date Of Birth:** _____

Postal Address: _____

Post Code: _____ **Email:** _____

Contact No's: (Daytime) _____ (Evening) _____

Coaching Background:
(e.g. Sport, Age Group etc.) _____

I enclose Cheque/Cash for £ _____ *(All cheques to be made payable to 'IOM Athletic Association')*

Signed: _____ **Date:** _____

Please return completed application form & payment to:
Trevor Christian ADO, Sports Development Unit, Coaching Workshops, NSC,
Groves Rd, Douglas, IM2 1RB
Tel: 688592 / Fax: 688566 / Email: trevor.christian@gov.im